



MEDICAL PARK

BAD RODACH

Special clinic for Orthopaedics · Rheumatology
Neurology · Internal Medicine



Recovery and an overall sense of well-being

Medical Park Bad Rodach is a recognized Specialty Clinic specializing in both Orthopaedics/Rheumatology and Neurology/Internal Medicine. Optimal diagnostic resources, including therapy, care, rehabilitation and prevention services in post-hospital curative treatment, resp. in rehabilitation treatment in patients with orthopaedic, post-trauma and post-surgery conditions are continuously made available.

In orthopaedic and neurology treatment we mainly focus on:

- aftercare following knee and hip surgery
- accident injuries/bone fractures

- rheumatic joint diseases
- soft tissue rheumatism
- amputee care programme
- apoplexy
- Morbus Parkinson
- post-polio syndrome
- multiple sclerosis
- neurourology
- outpatient services for orthopaedic/rheumatologic/neurologic diagnostics and therapy



Dr. med. Hans-Jürgen Mees (M. D.)
Chief Physician of Department
of Orthopaedics



Prof. Dr. med. Stefan Hesse (M. D.)
Chief Consultant of Neurology



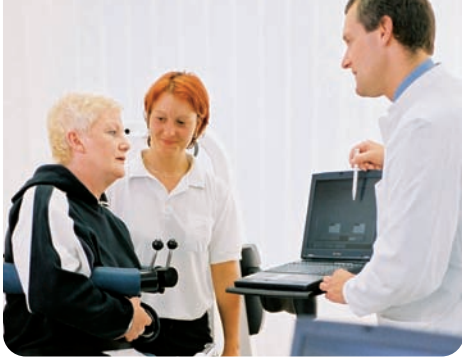
In a dream location

Welcome to the middle of the idyllically hilly landscape of Coburg Land – close to the Thuringian forest, in dreamy Bad Rodach with its timber-framed buildings. An array of cultural attractions in the surrounding area invite you to visit: palaces, castles, museums, art collections, theatre and various traditional festivals. You are invited to visit

attractions in the close vicinity, including the former Duke's residence of Coburg, the Emperor's City of Bamberg of times past, and the theatre town of Meiningen.

A few years ago, the town of Rodach was awarded the right to be called "Bad Rodach", the 25th Bavarian health

spa with the highest rating possible on the scale "excellent with distinction". A health spa with extraordinary good air and water quality, home thermal springs and excellent quality of remedies. Not for nothing had the seal of approval "health promotion in an exemplary manner at the health resort" been awarded to Bad Rodach.



Gaining mobility: Orthopaedics

The Department of Orthopaedics at Medical Park Bad Rodach makes treatment services available for both, congenital and acquired diseases of the musculoskeletal system and locomotor organs, including post-hospital curative treatment programs and rehabilitation services after joint and spine surgeries, after amputations and injuries.

We additionally focus on the treatment of primary inflammatory arthropathies and extra-articular (soft tissue) rheumatism.

We treat these chronic disorders from the rheumatic sphere interdisciplinary in close cooperation with specialists from the Department of Internal Medicine.

Apart from pain relief – the therapeutic objectives are to regain mobility in patients so that they fully optimize their quality of everyday and professional life, including rehabilitation after surgeries or congenital diseases of the musculoskeletal system and locomotor organs.

Finding orientation: Neurology

Treatment services are made available through the Neurological Department at Medical Park Bad Rodach including all congenital or acquired diseases of the brain, the spinal cord, the peripheral nervous system and the muscular system.

Our teams develop individually tailored treatment programmes strictly based on our patients' personal life situation and working conditions. The best possible preparation for patients to return to

their daily lives and routines is to restore confidence and inner certainty in their personal abilities.

We offer neurological rehabilitation programmes in phase B, C and D.

The holistic approach in medical conditions and the therapy concepts designed in interdisciplinary cooperation with experienced and highly trained teams are the basis of treatment success.





Diagnostics and therapy

Appropriate therapeutic and medical diagnostics assisted by advanced technologies are the basis for high-precision analysis to evaluate the present physical condition in patients. The first procedure in the beginning should always be diagnostic investigations – and only after the process of diagnosis has been terminated, individually tailored therapeutic objectives are defined in shared decision-making between patient, physicians and therapists.

At Medical Park Bad Rodach the latest state-of-the-art techniques are made available in the fields of sports and physiotherapy, occupational therapy, physical therapy, psychology, neuropsychology, speech therapy and swallowing therapy. In our therapy programmes we use state-of-the-art technologies and facilities – such as gait trainer, measurement of walking distance, back training system, urological test stand and, last but not least, our indoor and outdoor swimming-pool.

Prevention

Active prevention is of vital importance to stay healthy. In the admission interview we will definitely ask questions relating to your attitudes, your motivation and experience of actions. Then and only then, we will mutually specify the objectives for behaviour modification, helping you to stay healthy: by changing for example your daily habits and routines.

At Medical Park Bad Rodach you will not be considered as patient only, but in the first place you are our guest in independent and responsible partnership with our physicians, nursing team and therapists.





Soothingly relaxing

Listen, accept, give space. Harmonizing body and soul. It is our first priority to treat you with mindfulness respecting your needs. When we speak of recovery, we associate a special quality with it.

Effective counselling provided by our physicians, individually tailored treatment through our highly qualified teams of therapists and optimal care through our nursing teams – it is always our first concern to offer you high-quality services and programmes including the latest advances in medical therapy.

Wholesome vitalizing

Healing touch through massage, create your own spa package with sessions of shiatsu or anti-stress massage, autogeneuous training or tai chi chuan. Pamper yourself with a beauty treatment or energy ampoule for skin balan-

ce, a manicure or medical pedicure: you are invited to enjoy this at our health center along with thermal therapy, walking programmes, foot reflexology, Asian-inspired kinesitherapy and meditative exercises.





An atmosphere for the soul

Medical Park is the synonym of the high standard in the signature style in service, features and the design of our rehabilitation centers. We would like you as our guest to live in harmony – harmony within yourself and with your environments. And there is also adequate space for family members to support you to recover rapidly.

It's our view, that we are proud and privileged to help you. To make you feel "home away from home" and comfortable, we did everything to create an atmosphere to accommodate your individual needs with the therapy requirements for optimal treatment success.

Space for more

Unwind in the swimming pool, sauna area and library, or relax by the roaring log fire in the club room, and surf in the cybercafe – ideally to take a retreat to rest and regenerate. Or perhaps, you want to meet nice people: the cafeteria including our fine dining restaurant are the places to be.

Our single and double rooms are barrier-free, and most of them feature an adjoining balcony or terrace, including height adjustable beds, direct dial telephone, free TV and ensuite safe. In addition to free TV, 151 rooms of our Orthopaedic Department and the Private Ward, feature an advanced

multi-media system providing you against fee payment with the latest movies, including worldwide satellite TV and internet services via TV by ensuite laptop. Needless to say that the ensuites are wheelchair-accessible.



Certification



- Medical Park Bad Rodach is contractual partner of
- national statutory health insurance providers
 - national private health insurance providers
 - national statutory pension insurance providers

We provide services in accordance with § 40 SGB V linked with § 111 SGB V and services in accordance with § 39 SGB V linked with §§ 108, 109 SGB V:

- rehabilitation and treatment programme (therapy)
- post-hospital curative treatment (AHB/AR)
- neurological rehabilitation in phase B, C and D
- outpatient rehabilitation services

Medical Park Bad Rodach is a private hospital in accordance with § 30 Gewerbeordnung (trade regulations). Services provided by Medical Park Bad Rodach are eligible for financial assistance in accordance with § 6 No. 6 und § 7 of the financial assistance regulations (BHV)

Info and service line from Germany*

Phone +49 (0) 800/9 31 10 55

Fax +49 (0) 800/9 41 69 99

* tollfree for calls from Germany

Info and Service line from outside Germany:

Phone +49 (0) 95 64/93 11 40

Fax +49 (0) 95 64/ 93 11 07

Physical address:

Kurring 16

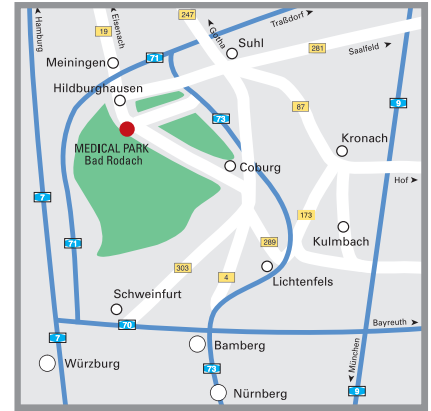
96476 Bad Rodach (Germany)

Phone +49 (0) 95 64/93-0

Fax +49 (0) 95 64/93-11 07

www.medicalpark.de

E-Mail: badrodach@medicalpark.de



Medical Park Rodach can be reached coming from Berlin: via Autobahn (motorway) A9, then direction Erfurt A4, take the A71 into direction Schweinfurt/Suhl, follow A73 and take the exit "Eisfeld-Süd" coming from Munich: via autobahn A9, then change to A73 into direction Bamberg, get off the autobahn taking exit "Coburg" coming from Würzburg: via autobahn A 7, then change to A70, get off the autobahn taking exit Schonungen, and then get on Bundesstrasse B303 (A-road)



Recovery and an overall sense of well-being in a dream location